Size guide

EU edition. Standard body measurements for Caprio Wear activewear and teamwear. Body measurements in centimeters, with inches.

FIND YOUR SIZE

01

Measure

Use a soft tape over light clothing. Each chart has numbered points that match its columns.

02

Match

Open the chart for your product and find the row where your measurements fall.

03

Choose

Go by chest or bust for tops, hip and waist for bottoms, height for youth.

Between two sizes?
Choose the smaller size for a tight or compression fit, and the larger size for a regular or relaxed fit.

Compression
Hugs the body. Stay true to your measurements or size down.

Regular
Close to the body with room to move.

Relaxed
A loose cut with extra room.

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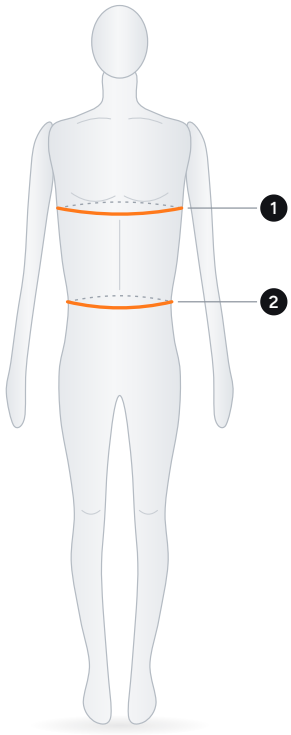
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Measurements may vary slightly by style. We can grade to your own size spec on request.

Men's tops

Tees, tanks, long sleeves, compression and base layers, hoodies, sweatshirts, jackets, track jackets, team jerseys and fight wear. Chest sets the size.

SIZE	EU SIZE	1 Chest cm / in	2 Waist cm / in
XS	40/42	81-87 32-34 in	66-72 26-28 in
S	44/46	88-93 34.5-36.5 in	73-78 28.5-30.5 in
M	48/50	94-99 37-39 in	79-85 31-33.5 in
L	52/54	100-105 39.5-41 in	86-91 34-35.5 in
XL	56/58	106-111 41.5-43.5 in	92-97 36-38 in
XXL	60/62	112-118 44-46.5 in	98-104 38.5-41 in



1 Chest
2 Waist

How to measure, p. 8

Measuring for this chart

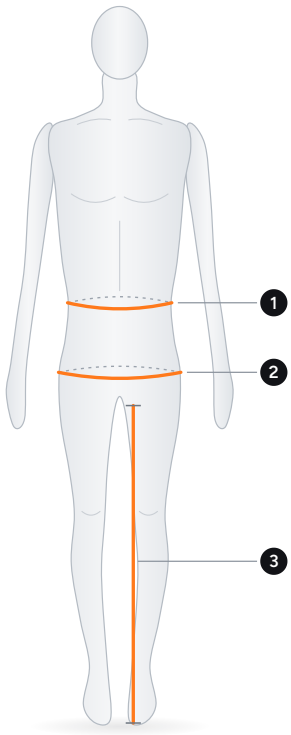
Measure around the fullest part of your chest, under your arms, with the tape level across your back. If chest and waist point to different sizes, go by chest.

Measurements may vary slightly by style. We can grade to your own size spec on request.

Men's bottoms

Shorts, joggers, track pants, leggings and tights, team shorts. Waist sets the size.

SIZE	EU SIZE	1 Waist cm / in	2 Hip cm / in
XS	40/42	69-74 27-29 in	81-86 32-34 in
S	44/46	75-80 29.5-31.5 in	87-92 34.5-36 in
M	48/50	81-85 32-33.5 in	93-98 36.5-38.5 in
L	52/54	86-91 34-35.5 in	99-103 39-40.5 in
XL	56/58	92-97 36-38 in	104-109 41-43 in
XXL	60/62	98-104 38.5-41 in	110-117 43.5-46 in



1 Waist
2 Hip
3 Inseam

How to measure, p. 8

Measuring for this chart

Measure around your natural waist with one finger of ease. If waist and hip point to different sizes, go by the larger one. Then pick your length.

3 Length options Body inseam

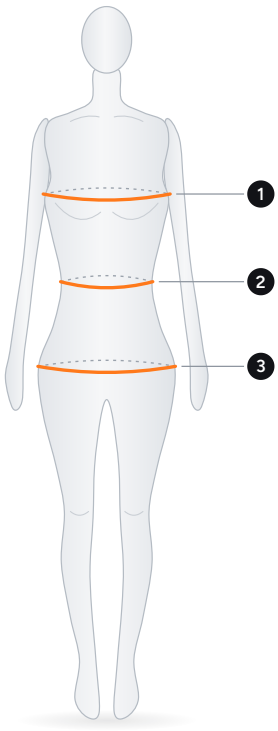
SHORT	REGULAR	TALL	CUSTOM
76 cm 30 in	81 cm 32 in	86 cm 34 in	Any length on request

Measurements may vary slightly by style. We can grade to your own size spec on request.

Women's tops and one-pieces

Tees, tanks, long sleeves, compression and base layers, hoodies, sweatshirts, jackets, team jerseys, bodysuits and jumpsuits. Bust sets the size; for one-pieces, go by the larger of bust or hip.

SIZE	EU SIZE	1 Bust cm / in	2 Waist cm / in	3 Hip cm / in
XS	34	78-82 30.5-32 in	64-67 25-26.5 in	86-90 34-35.5 in
S	36	83-88 32.5-34.5 in	68-72 27-28 in	91-95 36-37.5 in
M	38	89-93 35-36.5 in	73-77 28.5-30 in	96-99 38-39 in
L	40/42	94-98 37-38.5 in	78-82 30.5-32 in	100-104 39.5-41 in
XL	44	99-103 39-40.5 in	83-87 32.5-34 in	105-109 41.5-43 in
XXL	46	104-110 41-43 in	88-94 34.5-37 in	110-112 43.5-44 in



1 Bust
2 Waist
3 Hip

How to measure, p. 8

Measuring for this chart

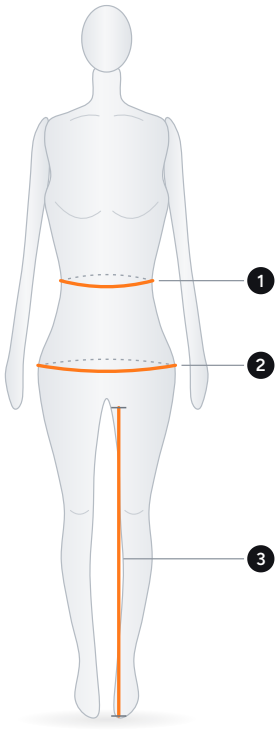
Measure around the fullest part of your bust with the tape level across your back. Keep it snug, not tight.

Measurements may vary slightly by style. We can grade to your own size spec on request.

Women's bottoms

Leggings, shorts, joggers, track pants, team shorts. Hip sets the size.

SIZE	EU SIZE	1 Waist cm / in	2 Hip cm / in
XS	34	64-67 25-26.5 in	86-90 34-35.5 in
S	36	68-72 27-28 in	91-95 36-37.5 in
M	38	73-77 28.5-30 in	96-100 38-39.5 in
L	40/42	78-82 30.5-32 in	101-105 40-41 in
XL	44	83-87 32.5-34 in	106-110 41.5-43 in
XXL	46	88-94 34.5-37 in	111-119 43.5-46.5 in



1 Waist
2 Hip
3 Inseam

How to measure, p. 8

Measuring for this chart

Stand with your feet together and measure around the fullest part of your hips and seat. Then pick your length.

3 Length options Body inseam

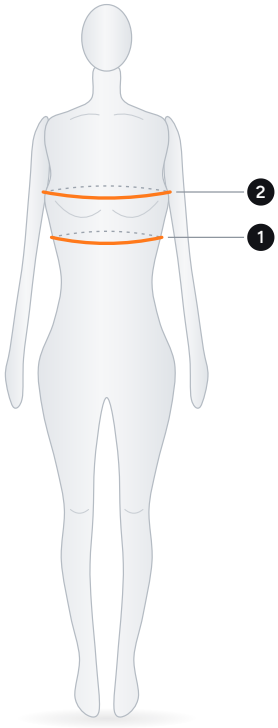
SHORT	REGULAR	TALL	CUSTOM
73 cm 28.5 in	78 cm 30.5 in	83 cm 32.5 in	Any length on request

Measurements may vary slightly by style. We can grade to your own size spec on request.

Sports bras

Sports bras and crop tops in letter sizes. Underbust sets the size; bust confirms it.

SIZE	❶ Underbust cm / in	❷ Bust cm / in
XS	67-70 26.5-27.5 in	80-85 31.5-33.5 in
S	71-76 28-30 in	86-90 34-35.5 in
M	77-81 30.5-32 in	91-95 36-37.5 in
L	82-87 32.5-34 in	96-102 38-40 in
XL	88-92 34.5-36 in	103-108 40.5-42.5 in
XXL	93-99 36.5-39 in	109-116 43-45.5 in



❶ Underbust
❷ Bust

How to measure, p. 8

Measuring for this chart
Measure snugly around your ribcage, directly under your bust, then measure your bust. The difference gives your cup.

Cup guide Bust minus underbust, cm

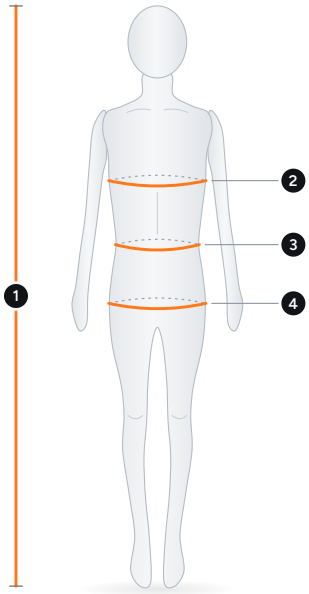
A	B	C	D	DD / E	DDD / F
12-14	14-16	16-18	18-20	20-22	22-24

Measurements may vary slightly by style. We can grade to your own size spec on request.

Youth

Youth and kids tops and bottoms for activewear and teamwear, unisex. Height sets the size.

SIZE	AGE	1 Height cm / in	2 Chest cm / in	3 Waist cm / in	4 Hip cm / in
116	5-6	111-122 43.5-48 in	59-61 23-24 in	55-57 21.5-22.5 in	62-65 24.5-25.5 in
128	7-8	123-134 48.5-52.5 in	62-67 24.5-26.5 in	58-60 23-23.5 in	66-70 26-27.5 in
140	9-10	135-146 53-57.5 in	68-74 27-29 in	61-64 24-25 in	71-76 28-30 in
152	11-12	147-158 58-62 in	75-80 29.5-31.5 in	65-69 25.5-27 in	77-83 30.5-32.5 in
164	13-14	159-170 62.5-67 in	81-87 32-34 in	70-73 27.5-28.5 in	84-89 33-35 in
176	15-16	171-182 67.5-71.5 in	88-94 34.5-37 in	74-79 29-31 in	90-96 35.5-37.5 in



1 Height
2 Chest
3 Waist
4 Hip

How to measure, p. 8

Measuring for this chart

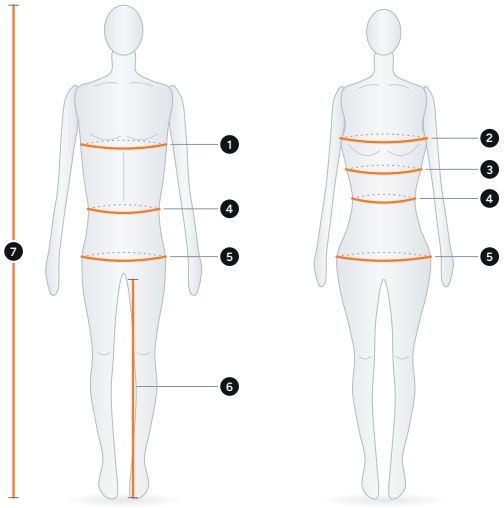
Measure barefoot against a wall, from the floor to the top of the head. If the child sits between sizes, size up to allow for growth.

Measurements may vary slightly by style. We can grade to your own size spec on request.

REFERENCE

How to measure

Measure your body, not a garment. Stand relaxed, keep the tape level, snug but not tight.



1 Chest
Around the fullest part of your chest, under your arms, tape level across your back.

2 Bust
Around the fullest part of your bust, tape level across your back.

3 Underbust
Snugly around your ribcage, directly under your bust.

4 Waist
Around your natural waist, the narrowest part of your torso. Keep one finger of ease.

5 Hip
Feet together, around the fullest part of your hips and seat.

6 Inseam
From the top of your inner thigh to the floor, standing barefoot.

7 Height
Barefoot against a wall, from the floor to the top of the head.

NOTES

Sizes above XXL are available on request.

EU size numbers vary slightly between brands; use body measurements first.

Bottoms come in short, regular and tall lengths, or any custom length on request.

Youth sizes are body height in cm. Pick the size whose height range includes the child.

Sports bras: each letter size fits a range of cups. Your cup is the difference between bust and underbust.

Need a different fit?

We can grade to your own size spec on request.

hello@capriosports.com
Request a sample ↗

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